

### **PRENATAL WELLNESS SUMMIT**

March 22, Friday Celebration of World Pregnancy Day March 23, Saturday – Mother And Baby Physical And Emotional Health March 24, Sunday – Mother And Baby Spiritual Health

## LIVE PANEL 3 – PRENATAL MEMORIES

# Dr. Akira Ikegawa

### **Title**

Prenatal Memory and Emotional Attachments: Implications for the Future

### Summary

A mother's state of mind can significantly impact her child's health through physical stimuli, hormonal changes, and other factors. The relationship between parental mindset and fetal development can be examined through children's Prenatal Memory as they communicate their experiences before birth. The mother's emotional stability is critical in shaping the child's future.

Ms. Reiko Kishimoto

**Title** 

Reviving the Spirit of San-ba: A Global Movement for Maternal Well-being

### Summary

Japan, widely considered the safest country for childbirth, bears a surprising reality—mothers choosing to end their lives.

What unfolds in Japan?
How will the childbirth environment evolve?
And what actions can we take now?

Reiko Kishimoto, from Kishimoto Midwifery Clinic, advocates a return to basics. Moving beyond medical-centric approaches, she envisions births where celebrating life is coupled with genuine safety. This presentation recounts the journey of a midwife who, having faced postpartum depression, applies her insights to offer secure and joyful birthing experiences at her midwifery center alongside fellow midwives (San-ba). "Pregnant women, return to the wilderness!"

# Yuko Igarashi

#### **Title**

Conscious Parenting Through Prenatal Memory

#### Summary

Children who remember their Prenatal Memory testify that they determine the best time to conceive in order to be born on a specific date and choose their own life scenario before birth. If this is true, then babies show their "attachment" to their parents by getting pregnant, and if the result of their attachment is conception, implantation, and pregnancy...doesn't it show that they are giving us their unconditional love at that moment? This presentation will explore the concept of conscious parenting through Prenatal Memory.

2024年3月22日-24日 **2024年 PRENATAL WELLNESS 国際サミット** 

お母さんと赤ちゃんの身体的・感情的・精神的・社会的な健康の促進へ向けて

日本からの発表

## パネル3 胎内記憶

3月24日 午前8:00~開催

### 池川明博士

胎内記憶とエモーショナル・アタッチメント: 未来への影響 Prenatal Memory and Emotional Attachments: Implications for the Future

### 岸本玲子先生

今こそ蘇れ!産婆の精神:母親の健康のためのグローバルな取り組み Reviving the Spirit of San-Ba: A Global Movement For Maternal Well-Being

### 五十嵐夕子

胎内記憶による意識的な子育て Conscious Parenting Through Prenatal Memory